#### Taking the long view

Patient and consumer allergy advocacy over thirty years

Hazel Gowland PhD, PGCE, MREHIS, FIFST, FRSPH

December 2023

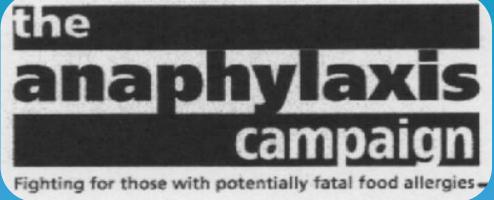


#### **Autumn 1993**

1992 Suraj David Josephine Kerry

1993 Michaela **Antoinette** Gillian Robert Rachel Louise George Lee Sarah





## wiand taking the long view © 2023 Alierg)

### Spring 1994

THE ANAPHYLAXIS CAMPAIGN'S principal objectives are crystal clear: it wants to prevent deaths from food-induced anaphylaxis, and it wants to improve the quality of life for those who are at risk from food-induced anaphylactic shock.

Medical research is essential if we are ever to find a long-term solution to the problem. Accurate food labelling is crucial. And dramatically increased levels of awareness are vital, if the terrible risks faced daily by thousands of sufferers are to be reduced.

In the meantime, we hope you will find a great deal of support in the knowledge that you are not alone - and that something can be done to protect you and your family from the effects of this capricious and frightening condition.

- Prevent deaths
- Improve quality of life
- Research
- Accurate food labelling
- Support
- You are not alone
- Something is being done to protect you and your family

#### **Spring 1994**

Discussions with
Nicholas Soames MP,
Food Minister
and officials at MAFF

Anaphylaxis & treatment defined by expert doctors

Adrenaline (auto-injectors and inhalers)

Fundraising and thanks for donations

Member data
Contacts
Which allergies?
Issues they face

BSACI list of allergy clinics

MAFF research vegetable oil and 25% rule

Chief Medical
Officer letter to
GPs

House of
Commons
adjournment
debate

Sir Cranley
Onslow MP
joins AC Board

Cadbury warning about peanut traces

**Arachis oil alert** 

Call for data –
'near misses'
unlabelled
allergens

Sesame allergy contact

EU Labelling
Directive lobbying

Regional reports eg ambulance times in Scotland

Allergens in personal care products

Allergy in schools

Research –
peanut allergens
milk, egg

Possible allergy vaccine

**Contact details for 22 regional coordinators covering UK** 

# Gowland Taking the long view © 2023 All

#### Nicholas Soames MP, Food Minister and MAFF

#### Research

**Peanut allergens** 

Milk and egg allergy prevalence and impact

Refined vegetable oils

'Near misses'

**EU Labelling Directive** 

**Clinical studies** 

#### **Policy**

**Priority allergens** 

EU Labelling Directive Prepacked

Catering

#### Campaigns

**Be Allergy Aware** 



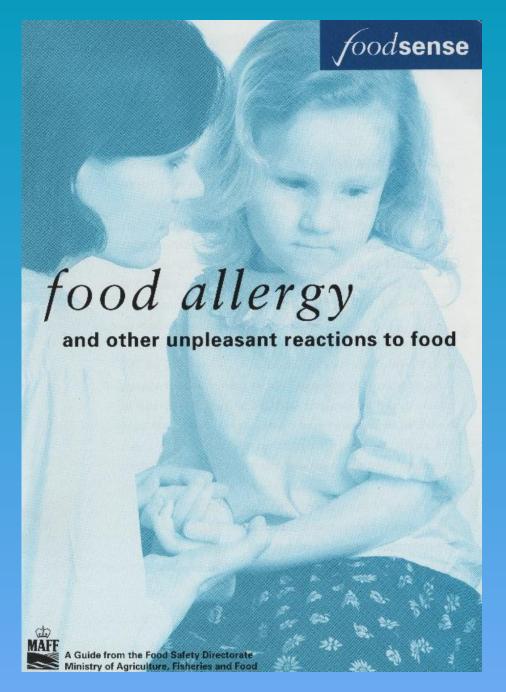


#### Bedfordshire County Federation of Womens Institutes

W.I. HOUSE, 62 ADELAIDE SQUARE, BEDFORD MK40 2RW. TEL: BEDFORD (0234) 359538

"This meeting urges Her Majesty's Government to ensure that food is labelled with all the contents stated to avoid the hazards of a fatal allergic reaction from hidden ingredients."

4th April 1995



#### 1997



Food **Intolerance** Conference

5 November 1997



The Royal Society of Medicine 1 Wimpole Street London W1M 8AE





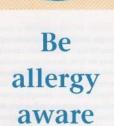


























#### 1997 – Allergen testing



Professor Alan Malcolm and Professor Peter Belton request the pleasure of your company at the Industry and Business Open Day of the Norwich Laboratory of the Institute of Food Research

> "Food in the News" 2 October 1997 9.00am - 5.00pm

Peter Bazalgette, Managing Director of Bazal Productions Ltd. and IFR Media Fellow, will give a talk "Don't Blame Food" at 11.30am

RSVP by 15 September 1997 IFR Norwich Laboratory, Norwich Research Park, Colney, Norwich NR4 7UA, UK





Innovation: Dr Clare Mills

#### Test to fight peanut deaths

A TESTING kit which detects peanut protein in foods could save thousands of people from potentially fatal allergic reactions.

Last year, three people died as a result of the allergy and many others suffered serious adverse reactions. But until now there has been no thorough way of identifying small quantities of the nut in foods.

The new test was devised at the Institute of Food Research in Norwich, aided by biochemist Dr Clare Mills. It is manufactured by Cortecs

Diagnostics of Deeside, and can detect peanut or peanut oll in minute quantities. The kit consists of a series of tiny wells and a detector solution which contains antibodies.

These single out peanut protein and bond it to an enzyme that causes a colour change if the nut is present. The allergy affects one in 80 children under five, according to the Asthma and Allergy Research Centre at St Mary's Hospital in Paddington. According to Dr Mike Morgan, head of biochemistry at the

Institute of Food Research. most deaths occur when sufferers consume food they believe to be peanut-free. This is because products not listing the nut as an ingredient can contain traces or may be contaminated in production.

'The levels of peanut required to cause an allergic reaction can be extremely small and young children can be particularly at risk,' he says.

FOR further information, contact the Institute of Food Research, tel: 01603 255328.

ANASTASIA STEPHENS

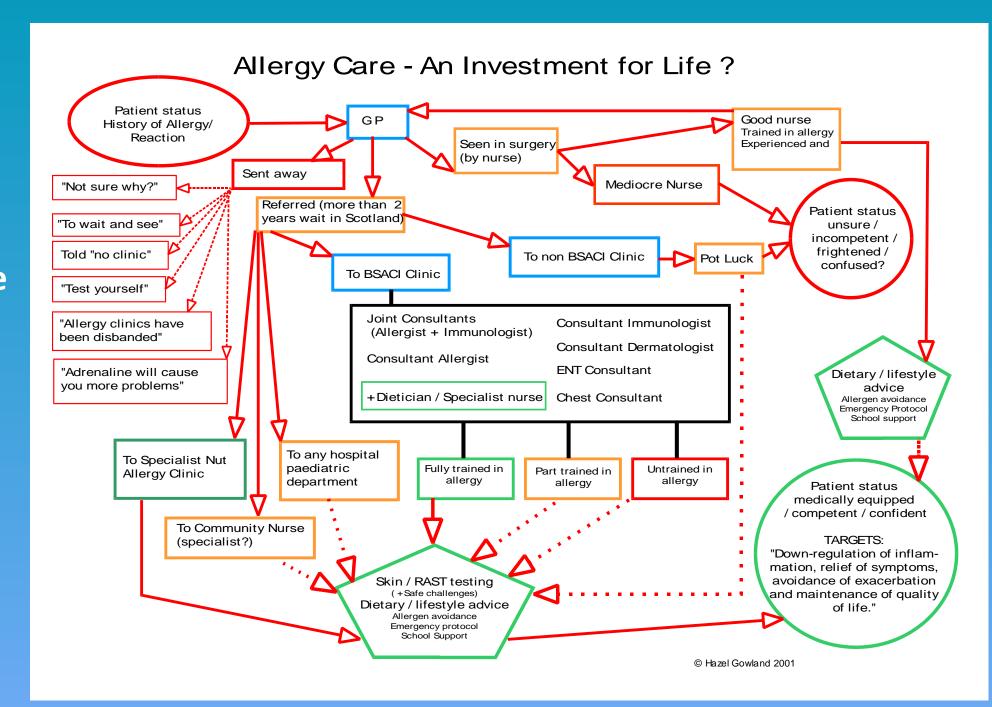
DAILY MAIL GTH AVEVER 1996

## **Anaphylaxis Campaign HQ from 2000**





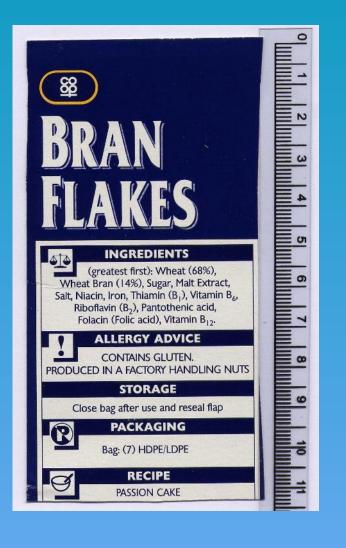
Mapping care pathways for allergic disease



## 2001 'May contain'







#### 2002

'May Contain' Labelling - The Consumer's Perspective

Be Allergy Aware



H **AVE** YOU **REM EMB ER** ED **YOUR OTHER** GLASSES ?

#### 2003 Action Plan

**ENFORCEMENT** 

**HYGIENE** 

SUPPLY CHAIN

CATERING

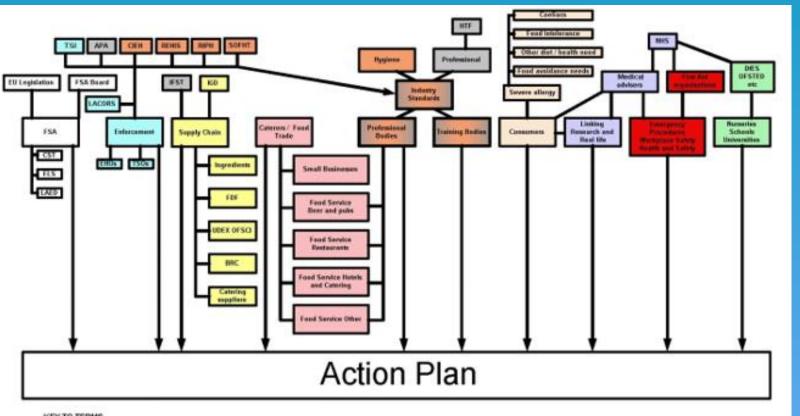
FOODSERVICE -**PROFESSIONAL** 

MANAGING **EMERGENCIES** 

**EDUCATION** 

CONSUMERS

LINKING **RESEARCH WITH REAL LIFE** 



#### KEY TO TERMS

APA Association of Public Analysts BRC British Retail Consoftum

CIEH Chartered institute of Environmental Health

CST Chemical Safety and Toxicology DRES Department for Education and Science

EHOs Environmental Health Officers FDF Food and Drink Federation

FLS Food Labelling and Standards Division

Food Standards Agency (UK)

institute of Food Science and Technology

Institute of Grocery Distribution

LACORS, ocal Authorities Coordinators of Regulatory Senaces.

LAED Local Authority Enforcement Division NHS National Health Senece OFSTED Office for Standards in Education

REHIS Royal Environmental Health Institute of Scotland RIPH Royal Institute of Public Health

SOFHT Society of Food Hygiene and Technology

TSI Trading Standards Institute

TSOs Trading Standards Officers

UDEX OFSCILDEX is a business operating the Optimum Foodservice Supply Chain Initiative to collect and share: consistent product information among food businesses.





#### **Protall**







1 Projects of 1 Results							
Projects (1)							
<<   <   1   >   >>							
<u>Title</u> △▽	Project Acronym △▽	<u>Project</u> <u>Reference</u> △▽	<u>Programme</u> <u>Acronym</u> △→	<u>Country</u> △▽	<u>Status</u> △ <sub>▽</sub>	<u>RCN</u>	Relevance △▽
The prevalence, cost and basis of food allergy across Europe	EUROPREVALL	514000	FP6-FOOD	UNITED KINGDOM	Completed	75726	100
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#### **Emergency treatment**

#### Important notice for users of Medihaler-epi 400 Dose Pressurised Inhaler

3M Health Care Limited is recalling and discontinuing the product Medihaler-epi™ 400 dose pressurised inhaler.

This product is used as part of the treatment for allergic reactions to drugs or insect stings.

This product has been manufactured since 1958. The product met specification at the time of manufacture but due to recently introduced higher standards of routine stability testing, 3M Health Care can no longer guarantee the required quality of this product throughout its shelf life.

#### ONLY MEDIHALER-EPI INHALERS ARE AFFECTED BY THIS RECALL.

No other 3M Health Care inhalers are affected.

#### What You Should Do

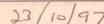
If you have a Medihaler-epi 400 dose pressurised inhaler, you should discuss alternative treatments with your doctor as soon as possible. Please take a copy of this notice with you. All Medihaler-epi 400 dose inhalers should then be returned to the pharmacist or doctor who dispensed the inhaler.

3M Health Care continues to be committed to maintaining the highest standards of manufacturing quality. We are discontinuing this product in the best interests of the patient and apologise for any concern or inconvenience that this may cause.

If you have any questions you should not hesitate to ask your doctor or pharmacist.

Medihaler-epi is a trademark of the 3M Company.

3M Health Care











## Psychological impact, quality of life and support



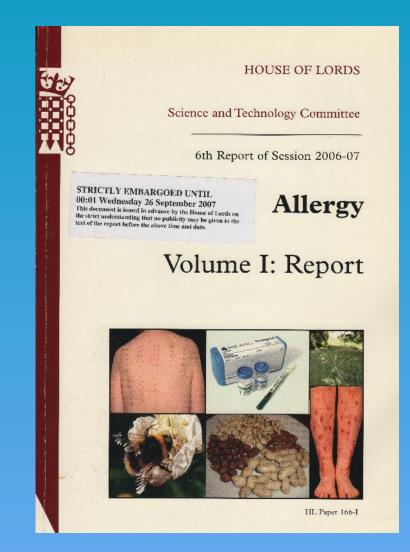
**House of Commons Health Committee** 

The Provision of **Allergy Services** 

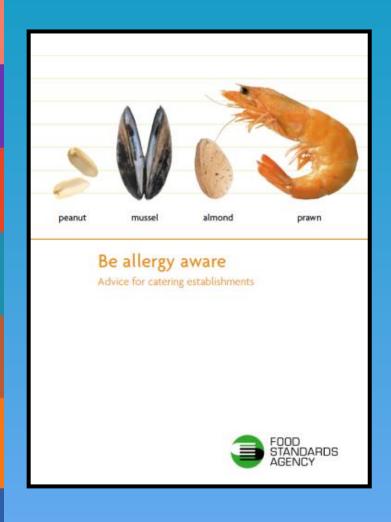
Sixth Report of Session 2003-04

Volume I

ALLERGY the unmet need ROYAL COLLEGE OF PHYSICIANS



#### 2006-2008 FSA guidance and local authority training



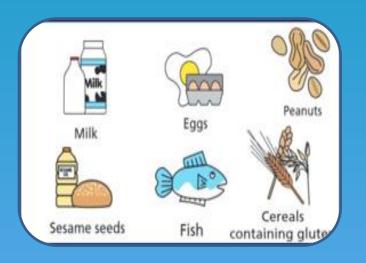


#### Prevention by early dietary intervention

#### **LEAP and EAT studies**





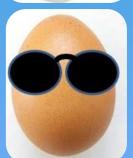


## **Immunotherapy**















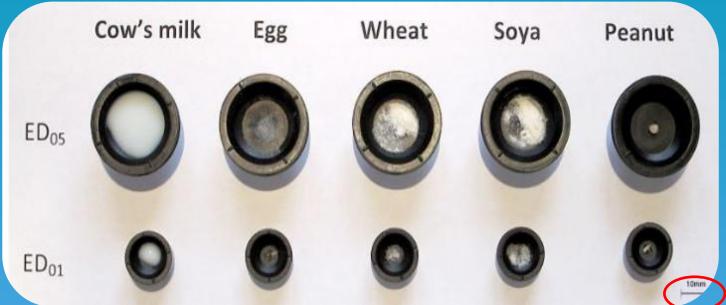




### Thresholds and severity



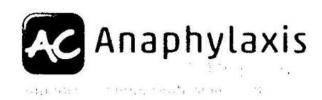




## Awareness and fundraising



#### Research



#### Allergic reaction record

How you can help the Anaphylaxis Campaign and aid research into allergies

This form has been designed to help the Campaign gain a fuller understanding about allergic reactions, what causes them, and what is the best treatment. Information we gather will be made available to doctors and scientists working in allergy research. If you, or a family member, has an allergic reaction to a food or substance, however minor, would you please fill in the form as soon as possible after the reaction has occurred - and after the patient has recovered - and send it to: Anaphylaxis Campaign, PO Box 275, Farnborough, Hants GU14 6SX.

#### UK Fatal Anaphylaxis Registry

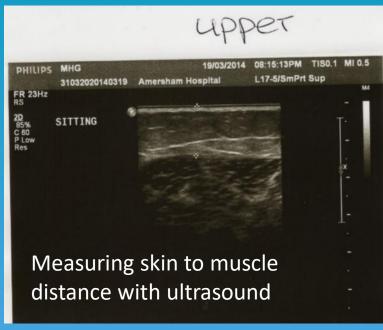


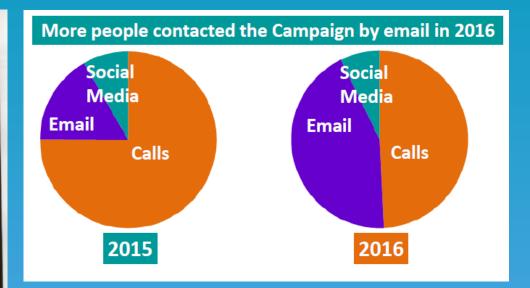




#### Research







**ENFORCEMENT** 

HYGIENE

SUPPLY CHAIN

CATERING

FOODSERVICE - PROFESSIONAL

























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Standards



#### MANAGING EMERGENCIES

**EDUCATION** 

**CONSUMERS** 

LINKING RESEARCH WITH REAL LIFE













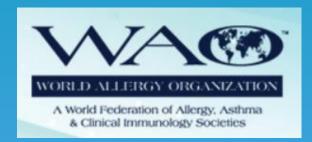
















### Taking the long view.....

- Access to allergy care and safe interventions
- Information provision especially in catering
- Innovation to reduce risks information, treatment
- 'Near miss' and fatal investigations and lessons learned
- New and emerging allergens
- The impact of climate change and food supply
  - Regulating Precautionary Allergen Labelling practical, possible, acceptable?